

**Scientific name:**  
*Ximenia caffra*

**Common names:**  
Sourplum,  
Grootsuurpruim,  
Amanumbilo,  
Letshidi



**Scientific name:**  
*Duvyalis caffra*

**Common names:**  
Kei apple,  
Mohlono,  
mutunguru,  
Umkokolo,  
Umqokolo



### Indigenous tuber/root crops

**Scientific name:**  
*Strychnos spinosa*

**Common names:**  
Monkey orange,  
Groenklapper,  
Morapa,  
Umkwakwa,  
Nsala, Muramba,  
Umhlabi



**Scientific name:**  
*Englerophytum  
magalismontanum*

**Common names:**  
Stem fruit,  
Mohlatswa,  
Munombelo,  
Amanumbela,  
Umnubela,  
Stumvrug



**Scientific name:** *Parinari  
curatellifolia*

**Common names:**  
Mobola plum,  
Grysappel,  
Umbulwa, Mbola



**Scientific name:**  
*Manihot esculenta*

**Common names:**  
Cassava,  
Muthupula,  
Mutumbula,  
Umdumbulu,  
Ntjumbulu

**Scientific name:** *Colocasia  
esculanta*

**Common names:**  
Amadumbe,  
Amadoemie,  
Marobe



### Further information can be obtained from:

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## Indigenous food crops



agriculture,  
forestry & fisheries

Department:  
Agriculture, Forestry and Fisheries  
REPUBLIC OF SOUTH AFRICA

## Indigenous leafy vegetables

**Scientific name:**

*Amaranthus spp*

**Common names:**

Amaranth,  
Thepe, Vowa,  
Umfino, Imbuya,  
Hanekom,  
Umbuya



**Scientific name:**

*Corchorus tridens*

**Common names:**

Jew's mallow,  
Ligusha, Delete,  
Thelele



**Scientific name:**

*Pennisetum  
glaucum*

**Common names:**

Pearl millet,  
Leotja, Inyouti,  
Unyaluthi,  
Nyalothi



**Scientific name:**

*Cleome gynandra*

**Common names:**

Cleome,  
Spiderplant,  
Lerotho, Murudi,  
Amazonde  
Vingerblaartee,  
Ulude

**Scientific name:**

*Solanum  
retroflexum*

**Common names:**

Black nightshade,  
Moonyane,  
Mokolonyane,  
Umhlabangubo,  
Ilenjane



**Scientific name:**

*Brassica rapa*

**Common names:**

Chinese cabbage,  
Muchaina,  
Rape,  
Chinese mustard  
cabbage, Mutsina

## Indigenous grain crops



**Scientific name:**

*Sorghum bicolor*

**Common names:**

Sorghum, Mabele  
thoro, Amazimba,  
Amabele

**Scientific name:**

*Vigna unguiculata*

**Common names:**

Cowpea, Dinawa,  
Dinaba, Munawa,  
Imbumba, Koertjie



**Scientific  
name:** *Vigna  
subterranean*

**Common names:**

Bambara  
groundnuts, Ditloo  
marapo, Njugo,  
Nduhu, Indlubu,  
Hlanga

## Indigenous fruit crops



**Scientific name:**

*Vangueria infausta*

**Common names:**

Wild medlar,  
Mmilo, Muzwulu,  
Mpfilwa, Umtulwa,  
Umvile, Wilde  
mispel

**Scientific name:**

*Mimusops zeyheri*

**Common names:**

Red milkwood,  
Mmupudu,  
Mububulu,  
Umpushane,  
Umbummbulu



**Scientific name:**

*Sclerocarya birrea*

**Common names:**

Marula, Iganu,  
Morula, Mufura,  
Unganu